



BULLETIN

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THE AUTUMN ISSUE



What a crazy year. Due to circumstances beyond our control, which obviously need no explaining, the autumn issue is being released a little bit later than usual. Be that as it may, typically, the autumn issue would be a recap and celebration of the fantastic time that we all had at our recent Summer Extravaganza/Client Appreciation Day at Knoebels.

As you know, the situation this summer prevented us from holding our annual celebration. This was the first time in many years that we were not able to host a wonderful party with Bulldog Lawyer Nation, We were all obviously disappointed but we are extremely hopeful that by next summer, everything will have returned to normal and we will be able to resume hosting this fabulous event and we can assure you that it will be the best ever. If you are anything like us, you greatly miss:

The Togetherness



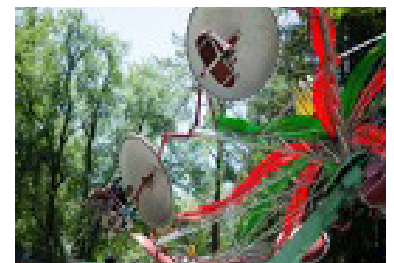
The Friendship



The Children



The Rides



The Food



The Giveaways



The Talent



The Cheer



We can't wait until next summer when we can all share in another great celebration at Knoebels. We sincerely hope that Bulldog Lawyer Nation is staying healthy and safe. Read on for important info regarding Covid-19 and workers' compensation, a special offer, some scrumptious Thanksgiving (leftover) recipes and more.

THANKSGIVING — LEFTOVER — RECIPES

I don't know about you, but I have never prepared a Thanksgiving feast and not had plenty of food left over. For that matter, I have frequently ended up going home with plenty of food after attending a Thanksgiving feast. Following are a few simple, creative and delicious ideas for your Thanksgiving leftovers.



Thanksgiving Crunch Wrap

INGREDIENTS:

- | | |
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| 4 large flour tortillas | 1 cup leftover cranberry sauce |
| 1 cup leftover mashed potatoes | 1 cup leftover stuffing |
| 1 cup leftover green beans | 1 cup shredded white cheddar |
| 1 1/2 cup shredded leftover turkey | 1/2 cup gravy, warmed, for serving |

DIRECTIONS:

- 1 Spread 1/4 cup of mashed potatoes in the center of each tortilla, then top with a layer green beans, turkey, cranberry sauce, stuffing, and white cheddar.
- 2 Fold tortillas around the center, creating pleats. After wrapping, quickly invert crunch wraps so the pleats are on the bottom and they stay together.
- 3 In a medium nonstick pan over medium heat, heat a very thin layer of vegetable oil. Working one at a time, add crunch wrap seam-side down and cook until tortilla is golden on the bottom, 3 to 5 minutes. Flip crunch wrap and cook until the other side is golden, 3 to 5 minutes more.
- 4 Repeat with remaining crunch wraps. Cut each in half and serve warm with gravy.

Green Bean Casserole Bundles



INGREDIENTS:

- 1 cup cream of mushroom soup
- 1/2 cup milk
- 1/2 tsp. soy sauce
- 1/4 tsp. freshly ground black pepper
- 2/3 cup French's fried onions
- 3 1/2 cup trimmed green beans, blanched and cooled
- 1 package bacon

DIRECTIONS:

- 1 Preheat oven to 350° and grease a 9"-x-13" baking dish.
- 2 In a large mixing bowl, stir together soup, milk, soy sauce, pepper, and French's fried onions. Add green beans and toss to combine.
- 3 Grab small bundles of green beans and wrap with a strip of bacon, placing each in the baking dish snugly, seam side down.
- 4 Cover with foil and bake until the bacon is fully cooked, 37 to 40 minutes.



Thanksgiving Leftover Lasagna

INGREDIENTS:

- | | |
|--------------------------------|---|
| Butter, for greasing pan | 1 cup chopped cooked green beans (or other leftover green vegetables) |
| 2 tbsp. bread crumbs | 1 cup leftover shredded turkey |
| 3 cup prepared mashed potatoes | 1/2 cup cranberry sauce |
| 2 large eggs, lightly beaten | 1/2 cup gravy |
| 1 cup shredded Gruyère cheese | |

DIRECTIONS:

- 1 Preheat oven to 350 degrees F. Grease an 8" x 8" baking pan with butter then coat with breadcrumbs.
- 2 Mix together mashed potatoes and eggs until smooth. Spread about one third of the mashed potato mixture into the bottom of the pan. Sprinkle with cheese then drizzle with gravy. Top with green beans, turkey, more gravy and cranberry sauce. Spread more mashed potatoes on top and sprinkle with more cheese. Top with stuffing then drizzle with gravy. Bake for 30-40 minutes, until the lasagna is warmed through.
- 3 Let sit for at least 15 minutes before serving. Serve with more gravy, if desired.

Workers' Compensation & Covid-19

If you believe that you may have been exposed to COVID-19 in your workplace, you may be eligible for Workers' Compensation.

According to the PA Workers' Compensation Act, an illness caused by work exposures can be considered an injury or an occupational disease. Exposure to COVID-19 in the workplace, which results in the illness, would most likely be considered an injury, but could also be an occupational disease depending on the type of work performed.

As soon as you know that you have been exposed to COVID-19 at work or have been diagnosed with COVID-19 that you believe is related to your job, you should report your injury to your supervisor/employer. In order to be covered completely, you need to report the injury within 21 days of knowing that you have contracted it. You may give notice up to 120 days after the injury to be covered from the date you give notice.

Successfully pursuing a Covid-19 workers' compensation claim can be tricky, complicated and cumbersome. For instance, employers are required to report employee injuries to their insurance company immediately, but they don't always do that. Employers/insurers are required to either accept or deny the injury as compensable under workers' compensation within 21

days of being notified, but they don't always do that either. Additionally, proving that your contracting Covid-19 was work related is rarely cut and dried.

Call The Bulldog Lawyers

For the reasons stated above, and many more, if you have been diagnosed with the coronavirus and you believe that it may be work related, whether it be at the workplace or in the course of your employment, you should call us at **(800) 681-7000**. You already know that we fight like bulldogs for our clients, but in addition to that, over the course of the year, we have become intimately familiar with the intricacies of coronavirus workers' compensation claims and have already obtained many favorable decisions for our clients.

The most important thing, of course, is to do whatever is necessary to stay safe (wear a mask, maintain social distancing and wash your hands frequently) for your sake and the sake of your loved ones. ●



A Gift For You

In the spirit of safety, and because we care so much about Bulldog Lawyer Nation, we have prepared a little gift pack for you. It contains a mask, hand sanitizer and other assorted goodies. Just give us a call or email Michele at Michele@ShorLevin.com and we will ship it right out to you. And speaking of safety, below are some useful and informative resources that you may find beneficial.



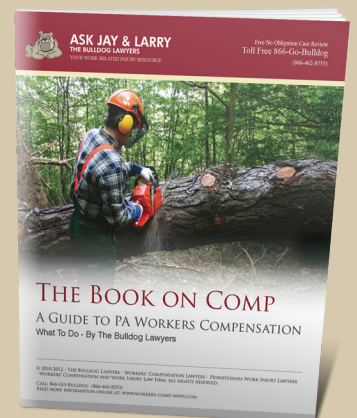
<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx>

<https://www.dli.pa.gov/Businesses/Compensation/Pages/COVID19-Updates.aspx>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

<https://www.cdc.gov/media/dpk/diseases-and-conditions/coronavirus/coronavirus-2020.html> ●

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Stay Safe!

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“ QUOTABLE

“For the first time in history, we can save the human race by lying in front of the TV and doing nothing. Let’s not screw this up”

Anonymous

“I don’t think of all the misery, but of the beauty that still remains.”

Anne Frank

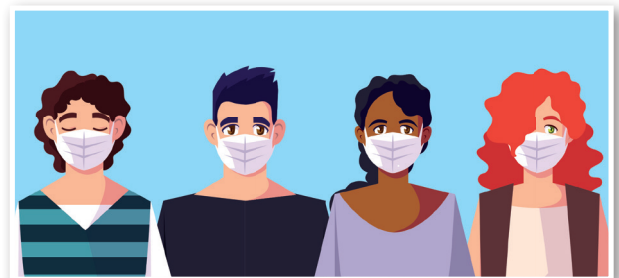
“We have a chance to do something extraordinary. As we head out of this pandemic we can change the world. Create a world of love; a world where we are kind to each other; a world where we are kind no matter what class, race, sexual orientation, what religion or lack of or what job we have; a world we don't judge those at the food bank because that may be us if things were just slightly different. Let love and kindness be our roadmap.”

Johnny Corn
 Comedian

“Sometimes you will never know the VALUE of a moment until it becomes a MEMORY.”

Dr. Seuss

5 'ADDITIONAL' BENEFITS TO WEARING A MASK



1. You don’t have to cover your mouth when you yawn.
2. Men don’t have to shave as often. The mask hides the scruffiness.
3. Women don’t need to worry about what color lipstick to wear.
4. It keeps your nose warm in the colder weather.
5. It mitigates the unpleasantness of being near someone who does not smell so lovely.